

# Did you know?

## Adolescents who need Substance Abuse Treatment in DC Can Get it!

### **Substance abuse treatment services in the District are now available through the Adolescent Substance Abuse Treatment Expansion Program (ASTEP).**

The Addiction Prevention and Recovery Administration (APRA), the Department of Health Care Finance (D.C. Medicaid), and a network of certified substance abuse treatment providers have expanded access to adolescent substance abuse treatment. Adolescents can now access services directly from the substance abuse treatment provider near their home, school, or job.

### **Adolescents can access services from any ASTEP network provider.**

Adolescents no longer need to go to an APRA intake facility to be assessed and referred to a substance abuse treatment program. Now adolescents can choose the program that best fits their lives; whether the program they choose is closest to home, offers convenient hours, or provides recovery support services to help them maintain sobriety. Adolescents now have multiple points of access to treatment and will begin building a relationship with their provider from the moment they enter the door for an assessment.

### **Anyone can refer an adolescent for treatment services.**

Adolescents in need of treatment may refer themselves to treatment, or they may be referred by a parent, guardian, doctor, teacher, social worker, mentor, or friend. All you have to do is call and make an appointment. Many ASTEP providers accept walk-ins or make same day appointments!

### **ASTEP offers help for Adolescents with Co-occurring Mental Health and Substance Use Disorders.**

Every adolescent accessing substance abuse treatment through ASTEP will be screened for indicators of a mental health disorder. ASTEP providers have caring, capable staff trained to refer adolescents with indicators of a mental health disorder to a mental health treatment program for a comprehensive assessment and treatment, if necessary. In addition, half of the programs in the ASTEP provider network are certified by the District of Columbia Department of Mental Health as mental health treatment providers.

## **ASTEP Providers**

<u>Provider</u>	<u>Address</u>	<u>Telephone</u>	<u>Ward</u>
Federal City Recovery Services	316 F St., NE, Suite 118	202-548-8460	6
Hillcrest Children's Center	1244 Taylor St. NW	202-232-6100	4
Latin American Youth Center	1419 Columbia Rd., NW	202-319-2229	1
Riverside Treatment Center	2041 MLK Jr. Ave., SE	202-889-3182	8

### **For additional Information:**

202-727-8857

[www.doh.dc.gov/apra](http://www.doh.dc.gov/apra)