

The DC Department of Behavioral Health Hosts Taking Care of Yourself in 2021

A Virtual Self-Care Summit
for Caregivers of Young Children

January 27 - 29, 2021



Interactive self-care
experience with hands-
on sessions, expert
panels, Q&A, and more
for:

Early Childhood
Professionals

Parents and Caregivers

Teachers

Register Using Links Below

Wednesday 1/27/21: <https://bit.ly/2Kr4PDK> Password WW20 (No registration needed for this workshop)

Thursday 1/28/21: <https://bit.ly/2LazANJ>

Friday 1/29/21 : <https://bit.ly/2MIyr0p>

1/28/21; 1:30 pm - 2:30 pm: Auto-cuidado con un presupuesto durante la cuarentena : <https://bit.ly/3s0Joub>

For summit related inquiries contact:

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Meghan Sullivan at 202-763-9027

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