

# DC's First Stabilization Center

Location: 35 K Street NE | Hours of Operation: Walk-in available 24-7

## What is it?

The Stabilization Center provides emergency crisis intervention, typically lasting 24-72 hours, for those experiencing substance use disorder. Services are provided to those who are 18 years and older and are free of charge with no insurance or residency requirements necessary.

## The DC Stabilization Center offers:

### Specialty care:

- Patients receive an individualized treatment plan based on an initial observation
- The center offers approved medication (buprenorphine) on the spot which, when combined with counseling, is effective in the treatment of opioid use disorders and can help some people sustain recovery

### Empathetic care:

- Peer specialists trained in cultural competency work one-on-one with patients to navigate their recovery and refer them to appropriate long-term treatment options
- No one is ever turned away from services and services are provided in English and Spanish to support a wider group of individuals
- A team of on-site multidisciplinary care providers such as nurse practitioners, registered nurses, certified peers, recovery coaches, and patient care technicians will link the patient to resources that can help sustain their health after discharge, such as housing assistance, help with filling out paperwork, or help with reinstating insurance

### A safe space and environment to recover:

- The facility features recliners or patient beds in a comfortable, quiet, private setting to begin the stabilization process
- Patients can lock personal items in a secure locker during the intake process
- Patients are closely monitored by medical professionals and staff throughout the course of the stabilization process, including medical screenings and observations

### Pathway to long-term recovery:

- Patients receive referrals and placements into long-term treatment options
- Individuals are connected to ongoing substance use disorder treatment at one of the 29 DBH-certified provider locations across DC in all eight wards

## What are the benefits of the stabilization center?

- Provides relief for hospital emergency rooms and emergency psychiatric centers
- Offers a cost-effective and time-effective alternative to ER visits for intoxication
- Individuals who receive care at the Stabilization Center can get connected to long-term care and other resources and programs that support recovery
- Gets people the “right care, right now” and prevents escalation to other harmful or dangerous behaviors
- Increases the chance that the intoxicated individual will be open to receiving care

**FACT:** In 2022, DC Fire and EMS made 3,800 transports to the hospital with individuals that were experiencing acute intoxication.

Learn more about DC's Stabilization Center at [dclistabilizationcenter.com](https://dclistabilizationcenter.com) or by calling (202) 839-3500

