

GOVERNMENT OF THE DISTRICT OF COLUMBIA
DEPARTMENT OF MENTAL HEALTH



NEWS RELEASE

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FOR IMMEDIATE RELEASE
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**VISIT DMH BOOTH 1009 AT NBC4 HEALTH & FITNESS EXPO JAN. 29-30
FOR MENTAL HEALTH FACTS AND SERVICES**

(Washington, DC) DC Department of Mental Health employees will be at Booth 1009 at the NBC4 Health & Fitness Expo, January 29 and 30, at the new Washington Convention Center (801 Mount Vernon Place, NW), to talk about mental health services and distribute information about those services. The Expo runs from 9 am to 5 pm each day.

“We are very excited to participate in this fun and informative event and want everyone to stop by our booth,” said DMH Director Martha B. Knisley. “Too often, people shy away from mental health issues, so this is a great opportunity to introduce ourselves to the public and help reduce the stigma associated with mental illness.”

DMH provides inpatient psychiatric services for adults at St. Elizabeths Hospital, which is celebrating its 150th year of continuous operation. The DMH DC Community Services Agency and the DMH network of providers offer community-based mental health services to people of all ages. Call the 24/7 DMH Access HelpLine at 1-888-7WE-HELP (1-888-793-4357) or visit the DMH Web site at www.dmh.dc.gov to learn more.

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