



**Bulletin Title: Initiation of CBI, FFT and MST Services in Carceral Settings and
Reauthorization of Services When Medically Necessary**
Bulletin ID: 140
Issued Date: April 18, 2024
Effective Date: April 18, 2024

Community stakeholders have requested clarification about the procedures for referring youth in carceral settings to Community Based Intervention (CBI), Multisystemic Therapy (MST) and Functional Family Therapy (FFT) and how to bill for these services.

Providers shall initiate CBI, MST and FFT to consumers in out-of-home placements, including carceral settings, up to thirty (30) calendar days before their anticipated release (*see* Title 22-A DCMR § 3425.10, § 3425.13 and § 3431.4) when the services are medically necessary and the child/youth meets eligibility criteria for the service.

Community stakeholders who determine that a child/youth needs CBI or MST must make a referral to the CBI or MST provider by contacting the service provider directly. When the CBI or MST provider accepts the referral, the CBI or MST provider shall submit an authorization request to the DBH-designated platform for approval. Once the authorization is approved, CBI providers shall engage the child/youth within forty-eight (48) hours of authorization of the referral.

Community stakeholders who determine that a child/youth needs FFT must make a referral to the FFT provider by contacting the service provider directly. Once the referral is accepted, the FFT provider shall engage the child/youth within forty-eight (48) hours of receipt of the referral.

See Exhibit 1, MST-CBI-FFT Provider Contact List, for contact information for each currently certified MST, CBI II/III, and FFT provider. Stakeholders may also contact Amina Smith, Evidence-Based Practices Program Manager, at amina.smith@dc.gov with questions about referrals.

The Department of Behavioral Health may reimburse providers for CBI, FFT and MST services delivered up to thirty (30) days prior to a child/youth's release from an out-of-home placement through local funds. Providers must include the place of service code "09" in the claim to designate that the consumer is in a carceral setting and ineligible for Medicaid reimbursement.

Authorizations for MST and CBI II are in increments of one hundred eighty (180) days. Authorizations for CBI III are in increments of ninety (90) days. When a provider determines that a child/youth needs reauthorization for services, providers must submit a continued stay request in the DBH-designated platform. Providers shall request reauthorization of services when medically necessary in accordance with Title 22-A DCMR § 3425.12 and § 3425.15.

FFT does not require prior authorization and may be extended beyond the typical twelve (12) to fourteen (14) sessions in consultation with an expert in the Evidence-Based Practice model.

Please contact Amina Smith, Evidence-Based Practices Program Manager, at amina.smith@dc.gov with questions about this bulletin.

Exhibits

Exhibit 1: MST-CBI-FFT Provider Contact List

MST, CBI, and FFT Provider List

PROVIDER	CBI LEVEL	DIRECTOR	CBI Leadership
<p>DC/MD Family Resources, Inc. 903 Brightseat Road. Landover, MD 20785 317 F Street NE Suite 101 & 102 Washington DC 20002</p>	<p>CBI Level II & III</p>	<p><u>CEO & Clinical/Program Director</u> Beth Crawford, Psy.D 301-333-2980 ext. 101 bcrawford@mfrinonline.com</p>	<p><u>Clinical Manager</u> Dr. Keyona Hall 301-333-2980 ext. 117 KHall@mfrinonline.com</p>
<p>Hillcrest Children's Center 915 Rhode Island Ave. NW Washington, DC 20005</p>	<p>CBI Level II & III</p>	<p><u>Acting Clinical Director</u> Valeria Carter 202-232-6100 vcarter@hillcrest-dc.org</p>	<p><u>CBI Supervisor</u> Syerita Morris 202-820-1192 smorris@hillcrest-dc.org</p>
<p>Life Enhancement Services 1818 New York Avenue NE, Suite 115 Washington, DC 20002</p>	<p>CBI Level II & III</p>	<p><u>Clinical Director</u> Larry Jones 202-269-2401 ljones@lesdc.org</p>	<p><u>CBI Supervisor</u> Toni Session 202-269-2401 Ext.113 tsession@lesdc.org</p>
<p>Better Morning 4545 42nd Street NW, Suite 105 Washington, DC 20007</p>	<p>CBI Level II & III FFT</p>	<p><u>CEO</u> Tusar Pattanayak 571-236-6992 Tusar@bettermorninginc.com</p>	<p><u>Program Director</u> Joyshree Nanda 571-236-4880 joyshree@bettermorninginc.com</p>

CBI Level I-MST and/or MST-PSB Multi-Systemic Therapy and Multi-Systemic Therapy Problem Sexual Behavior
 CBI Level II and III – IHCBS- Intensive Home and Community-Based Services
 FFT- Functional Family Therapy

*Non-MHRS Provider
 Current as of April 15, 2024

<p>MBI Health Services 2041 MLK Jr. Ave. SE, Suite 239, Washington, DC 20020</p>	<p>MST CBI Level II & III</p>	<p><u>Community Programs Director</u> Angelia Baker 202-547-8450 Ext. 223 abaker@mbihs.com</p>	<p><u>Clinical Manager</u> <u>MST</u> Arkilah Womack MST 202-547-8450 awomack@mbihs.com</p> <p><u>CBI II/III</u> Niquelle Jett CBI II & III (240) 473-2978 njett@mbihs.com</p>
<p>Department Of Human Services (DHS) * PASS 64 New York Avenue NE Washington, DC 20002</p>	<p>FFT</p>	<p><u>Deputy Administrator</u> Sheila Clark 202-503-0604 Sheila.Clark@dc.gov</p>	<p><u>Program Manager</u> Michelle Maringe 202-322-0946 Michelle.Maringe@dc.gov</p>

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CBI Level II and III – IHCBIS- Intensive Home and Community-Based Services

FFT- Functional Family Therapy

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