



Bulletin Title: Code and Rate Changes for Therapy and Counseling

Bulletin ID: 139

Issue Date: February 7, 2024

On January 31, 2024, the Department of Health Care Finance (DHCF) issued [Transmittal 24-08](#), Reimbursement Rate Changes for Behavioral Health Services Effective February 1, 2024, which notified stakeholders of a transition from Healthcare Common Procedure Codes (HCPC) to Current Procedural Terminology (CPT) codes and corresponding new rates for Mental Health Rehabilitation Services (MHRS) and Adult Substance Use Rehabilitation Services (ASURS) Counseling and Therapy services. Following publication of the transmittal, several stakeholders contacted the Department of Behavioral Health (DBH) and DHCF with concerns about the feasibility of timely updating their billing systems to reflect the changes. Consequently, through February 29, 2024, MHRS and ASURS providers may submit claims for Therapy and Counseling services using either the HCPC or CPT codes. Providers may only submit one set of codes per encounter (i.e. only CPT or HCPC), and may not resubmit a claim under a different code. Neither DBH nor DHCF will provide adjustments to reimbursements.

DBH and DHCF will host a Claims Billing Forum on Wednesday, February 7, 2024 at 1:00 PM to discuss these changes. Please contact your Provider Relations Specialist with questions about this bulletin.