

## **Bulletin Title: Step-Down and Discharge Process for SUD Providers**

Bulletin ID: 122-UPDATED Issued Date: November 17, 2022 Effective Date: November 17, 2022

### 1. Purpose.

The Department of Behavioral Health (DBH or the Department) published <u>Bulletin 122</u> on March 16, 2020 to establish guidance, expectations and procedures for Substance Use Disorder (SUD) treatment and recovery providers processing client discharges. Since Bulletin 122's publication, DBH has begun to utilize Comagine Health, a third-party Quality Improvement Organization, to oversee the authorization process for inpatient SUD treatment. Recently. providers requested guidance about the procedure to record SUD transfers and discharges in the DATA WITS system following the adoption of Comagine Health. Providers should continue to follow Bulletin 122 to process and record SUD client transfers, discharges and referrals. However, the Department is updating Bulletin 122 to amend DATA WITS Discharge Code 4 to include referrals to providers outside the Adult Substance Use Rehabilitation Services (ASURS) network.

ASURS providers must always ensure clients are receiving the appropriate American Society of Addiction Medicine (ASAM) level of care and are timely stepped down to lower levels of care in accordance with ASAM criteria. To facilitate quality data tracking and outcome analysis, ASURS providers must update a client's discharge information in DATA WITS within seven (7) business days of the discharge/transfer following the process outlined below.

# 2. Applicability.

All SUD providers in the District using DATA WITS.

### 3. <u>Contact Person.</u>

Javon Oliver, SUD Program Coordinator, javon.oliver@dc.gov.

### 4. <u>Bulletin.</u>

### **DBH Discharge Expectations**

District of Columbia Municipal Regulations (DCMR) require providers to document client referrals and discharges. Specifically, "all client records shall include...[d]ocumentation of all

referrals to other agencies, and the outcome of such referrals," and a "[d]ischarge summary and aftercare plan." *See* Title 22-A DCMR §§ 6324.1(n), (r).

Discharges, transfer, and appropriate referrals are a vital part of the SUD service delivery system. All providers must make clinically appropriate referrals, transfers, and discharges to support clients in their treatment and recovery. Providers must refer clients to outside providers as clinically appropriate and document the referrals in the client's clinical record, even if the client chooses not to accept the referral. Providers must also identify an appropriate discharge reason for every referral/transfer and choose the option from Table 1 that best fits the client's situation.

Discharge Reason	Definition	Code
Client completed	Client has completed their comprehensive treatment or	01
treatment. No additional	recovery plan or program. No additional treatment or	
SUD services needed.	recovery services recommended.	
Client completed	Client has completed the program but declined further	01
treatment. Declined	recommended treatment or recovery services.	
referrals,		
Client dropped out of	Client chose not to complete treatment program, with or	02
treatment.	without specific advice to continue treatment. Includes	
	clients who drop out of treatment for unknown reasons,	
	clients with whom contact is lost, clients who fail to return	
	from leave, and clients who have not received treatment for	
	ninety (90) calendar days and are administratively	
	discharged.	
Program decision to	Client's services are terminated by the provider due to	03
discharge client for non-	violation of federal, local, and/or program rules (for	
compliance with	example, assault, harassment, or possession of weapons)	
program rules.	prior to completion of treatment.	0.4
Client is referred for	Client may or may not have completed level of care, but is	04
continued SUD services	referred for continued SUD services to another ASURS	
to another ASURS	provider.	
provider.		0.4
Client is referred for	Client may or may not have completed level of care, but is	04
continued SUD services	referred for continued SUD services to another SUD	
to a non-ASURS	provider outside the ASURS network.	
provider.		05
Client is incarcerated.	Client can no longer continue treatment because of	05
	incarceration.	0.6
Client died.	Client can no longer continue treatment because of death.	06

#### Table 1. Discharge Reasons, Definitions, and Codes

#### **Billing Post-Discharge**

Providers should utilize the procedure outlined in Exhibit 1 to process discharges with remaining outstanding billing.

#### 5. <u>Related Bulletins/Policies/Regulations.</u>

Title 22-A DCMR Chapter 63: Certification Standards for Substance Use Disorder Treatment and Recovery Providers.

#### 6. Exhibits.

Exhibit 1: How to Discharge a Client and Leave the Case Open.

Approved By:

Barbara J. Bazron, Ph.D. Director, DBH

Signature) (Data)