## **Department of Behavioral Health**

## TRANSMITTAL LETTER

SUBJECT: Provision of Reasonable Accommodation Disabilities Act Amendments Act (ADAA		
POLICY NUMBER	<b>DATE</b> MAR 1 3 2014	TL# 239
DBH Policy 760.2A		

<u>Purpose</u>. The purpose of this policy is to describe the provision of reasonable accommodation(s) to qualified individuals with a disability who are employees and applicants at the Department of Behavioral Health (DBH). The ADA Coordinator reviews requests for reasonable accommodations and the EEO Manager handles complaints.

This re-issued policy has no changes in the policy itself but the exhibits have been amended to include the effective date.

**Applicability**. Applies DBH-wide to employees and applicants who have a disability who, with or without reasonable accommodation, can perform the essential functions of the employment position the individual holds or desires.

**Policy Clearance**. Reviewed by affected responsible staff and cleared through appropriate Behavioral Health Authority (BHA) offices.

<u>Implementation Plans</u>. Specific staff whose roles are relevant to the implementation of this policy should be trained, as needed. Program managers are responsible for following through to ensure compliance.

<u>Policy Dissemination and Filing Instructions</u>. Managers/supervisors of DBH must ensure that staff are informed of this policy. Each staff person who maintains policy manuals must promptly file this policy in the DBH Policy and Procedures Manual.

#### **ACTION**

### **REMOVE AND DESTROY**

DBH Policy 760.2 issued December 17, 2013

#### <u>INSERT</u>

**DBH Policy 760.2A** 

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GOVERNMENT OF THE DISTRICT OF COLUMBIA
DEDADTMENT OF

Policy No. 760.2A

Date

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MAR 1 3 2014

DEPARTMENT OF BEHAVIORAL HEALTH Supersedes

DBH Policy 760.2, same subject, dated December 17, 2013

Subject: Provision of Reasonable Accommodations in Employment Practices Under the Americans with Disabilities Act Amendments Act (ADAAA) for Employees and Applicants.

1. <u>Purpose</u>. The purpose of this policy is to describe the provision of reasonable accommodation(s) to qualified individuals with a disability who are employees and applicants at the Department of Behavioral Health (DBH). The ADA Coordinator reviews requests for reasonable accommodations and the EEO Manager handles complaints.

This re-issued policy has no changes in the policy itself but the exhibits have been amended to include the effective date.

- 2. **Applicability**. Applies DBH-wide to employees and applicants who have a disability who, with or without reasonable accommodation, can perform the essential functions of the employment position the individual holds or desires.
- 3. <u>Authority</u>. 42 USC §12101 et seq, effective January 1, 2009, Americans with Disabilities Act as amended in 29 C.F.R. Part 1630, effective March 25, 2011; DC Human Rights Act of 1977 as amended, D.C. Official Code §2-1401 et seq.

#### 4. Policy.

- 4a. The Department of Behavioral Health (DBH) encourages the employment and promotion of qualified individuals, including qualified individuals with disabilities. DBH does not discriminate in providing reasonable accommodations to qualified individuals with a disability in regard to job application procedures, hiring, advancement, discharge, employee compensation, job training or other terms, conditions, and privileges of employment.
- 4b. The appropriate reasonable accommodation is best determined through a flexible, interactive process that involves both the employer and the qualified individual with a disability and occurs as expeditiously as possible, which may include the appropriate union representative as provided by the applicable collective bargaining agreement.
- 4c. Reasonable accommodation does not include action that constitutes an undue hardship to the Department that may require significant expense and administration, or that would pose a direct threat to health or safety of employees or others.

#### 5. <u>Definitions/Descriptions</u>.

- 5a. **Qualified Individual with a Disability**. An individual with a disability who with or without reasonable accommodation, can perform the essential functions of the employment position that such individual holds or desires. An employee is a "qualified individual" if he or she (a) possesses the requisite skill, experience, education, and other job-related requirements for the position, and (b) is able to perform the "essential functions" of his or her position with or without "reasonable accommodation."
- 5b. Disability. The term "disability" means, with respect to an individual (a) a physical or

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mental impairment that substantially limits one or more major life activities of such individual; (b) a record of such an impairment; or (c) being regarded as having such an impairment.

- 5c. <u>Essential Functions</u>. The fundamental job duties of the position the individual with a disability holds or desires. The term "essential functions" does not include marginal functions of the position. A factual determination of the essential functions particular to a position shall be made on a case by case basis.
  - (1) A job function may be considered essential for any of several reasons, including but not limited to:
    - (a) The position exists to perform that function,
    - (b) The limited number of employees available among whom the performance of that job function can be distributed, and/or
    - (c) The position may be highly specialized so that the incumbent in the position is hired for his or her expertise or ability to perform the particular function.
  - (2) Evidence of whether a particular function is essential includes, but is not limited to:
    - (a) The employer's judgment as to which functions are essential,
    - (b) Written job descriptions prepared before advertising or interviewing applicants for the job,
    - (c) The amount of time spent on the job performing the function,
    - (d) The consequences of not requiring the incumbent to perform the function,
    - (e) The terms of a collective bargaining agreement,
    - (f) The work experience of past incumbents in the job, and/or
    - (g) The current work experience of incumbents in similar jobs.
- 5d. <u>Major Life Activities</u>. Major life activities include, but are not limited to, caring for oneself, performing manual tasks, seeing, hearing, eating, sleeping, walking, standing, lifting, bending, speaking, breathing, learning, reading, concentrating, thinking, communicating, and working. It, also, includes the operation of a major bodily function, including but not limited to, functions of the immune system, normal cell growth, digestive, bowel, bladder, neurological, brain, respiratory, circulatory, endocrine, and reproductive functions.
- 5e. <u>Physical or mental impairment</u>. Any physiological disorder or condition, cosmetic disfigurement, or anatomical loss affecting most body systems, and mental or psychological disorders, such as intellectual disability, organic brain syndrome, emotional or mental illness and specific learning disabilities. Impairments do not include physical characteristics such as height, weight, or muscle tone that are within "normal" range and are not the result of a physiological disorder.
- 5f. Reasonable Accommodation. Reasonable accommodations are:
  - (1) Modifications or adjustments to a job application process that enable a qualified applicant with a disability to be considered for the position such qualified applicant desires; or
  - (2) Modifications or adjustments to the work environment, or to the manner or circumstances under which the position held or desired is customarily performed, that enable a qualified individual with a disability to perform the essential functions of that position; or
  - (3) Modifications or adjustments that enable a Department employee with a disability to enjoy equal benefits and privileges of employment as are enjoyed by other similarly

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situated employees without disabilities.

Reasonable accommodations may include, but are not limited to, the following:

- (1) Making existing facilities used by employees readily accessible to and usable by individuals with disabilities;
- (2) Job restructuring; part-time or modified work schedules;
- (3) Reassignment to a vacant position if they are otherwise qualified;
- (4) Acquisition or modifications of equipment or devices, or use of service animals;
- (5) Appropriate adjustment or modifications of examinations, training materials, or policies; and
- (6) The provision of qualified readers or interpreters and other related accommodations.
- 5g. <u>Employment Practices</u>. Include applying for a job, hiring, firing, promotions, compensation, training, recruitment, advertising, layoffs, leave, employee benefits, and all other conditions and privileges of employment are covered.

#### 6. Responsibilities and Procedures.

- 6a. In most circumstances, it is the obligation of the employee to request a reasonable accommodation. However, there may be situations where the known disability of the employee impairs that employee's ability to effectively communicate a need for an accommodation that is obvious to the supervisor. In either case, the need for an accommodation should begin an interactive process between the employee and supervisor in order to identify an effective accommodation (as outlined in Exhibit 1, Procedural Checkoff for Reasonable Accommodations under the ADAAA).
- 6b. Job applicants may reach the point of contact listed on the vacancy announcement to request a reasonable accommodation.
- 6c. An employee's oral or written request for reasonable accommodation shall be made to the employee's supervisor or DBH ADA Coordinator (see Exhibit 2, Employee Request for Reasonable Accommodations). The ADA Coordinator will notify supervisors that a request or accommodations have been made. The request will be processed for management approval by the ADA Coordinator. Employees and supervisors may utilize the procedural check-off list.
- 6d. An alternate route is for an employee to initiate a reasonable accommodation through the DC Office of Disability Rights (ODR). For more information, follow www.odr.dc.gov.
- 6e. The DBH ADA Coordinator will review the employee request for accommodation and begin the verification process that will indicate whether the individual is qualified. Once the individual has been deemed as qualified, The ADA Coordinator shall facilitate an interactive process with the employee and supervisor to determine if a reasonable accommodation is achievable. Requests will only be shared with those who need to know (see Exhibit 3, Employee Authorization to Disclose Protected Health or Mental Health Information). If the process determines that an employee is not deemed a qualified individual, the ADA Coordinator will notify the employee of the outcome of the medical review.
- 6f. Each employee or applicant making a request for reasonable accommodation(s) must be able to provide satisfactory evidence of their being a "qualified individual with a disability" that substantially limits a major life activity. (see Exhibit 4, ADA Medical Inquiry). Requests shall be within the definition of "reasonable accommodations" (see section 5e and

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- 5f) which do not constitute an undue hardship requiring significant difficulty or expense by the agency or that would pose a direct threat to health or safety of employees or others. The qualified employee requesting the accommodation shall be allowed ten (10) business days from the date of receipt of management decision to accept or deny the accommodation.
- 6g. If an accommodation cannot overcome an existing barrier or if the accommodation would cause an undue hardship on the operation of the business, the employee and the ADA Coordinator designee shall work together to determine whether an alternate accommodation could be beneficial to employee.
- 6h. If the individual is satisfied with the agreed-upon accommodations plan, management has thirty (30) business days from the date it receives the written request, (affirming the employee is a qualified individual with a disability) to render a decision to approve the accommodation.
- 6i. If management does not respond within the allotted timeframe, and the individual feels that the recommended accommodations options cannot be further negotiated with the manager, the employee will be advised instead of the right to first file an informal complaint with the DBH EEO Office before invoking formal complaint procedures with the DC Office of Human Rights.
- 7. <u>Maintenance and Access to Records</u>. All employee requests for accommodations, along with any evidence for accommodation (s) (e.g., medical or other documentation provided) will be maintained by the DBH ADA Coordinator in a central file for at least three (3) years separate from the employee's personnel folder. Access to this information is strictly limited to individuals with an identifiable need to review the information.
- 8. **Questions** related to this policy should be directed to the DBH ADA Coordinator located at the Behavioral Health Authority. Contact names and telephone numbers are available upon request.
- 9. **Related References**. DBH Policy 760.1, DBH Americans with Disabilities Act and Human Rights Act Grievance Procedure for Employees and Applicants.

#### 10. Exhibits.

Exhibit 1 – Procedural Check-off for Reasonable Accommodations under the ADA of 1990 – Section 6a

Exhibit 2 – Employee Request for Reasonable Accommodations Pursuant to the ADAAA, 2011 (ADA Form 1) – Section 6c

Exhibit 3 – Employee Authorization to Disclose Protected Health or Mental Health Information (ADA Form 2) – Section 6e

Exhibit 4 – ADA Medical Inquiry, Americans with Disabilities Act (ADA Form 3) – Section 6f

Approved By:

DBH Policy 760.2A Exhibit 1 (see 6a)

### **PROCEDURAL CHECK-OFF** FOR REASONABLE ACCOMMODATIONS **UNDER THE AMERICANS WITH DISABILITIES ACT OF 1990**

STEH	ACTION	DATE COMPLETED	COMPLETED BY
Emp	loyee Request		
1a.	An employee initiates a request for a reasonable accommodation to his/her supervisor or ADA Coordinator either orally or in writing.		
1b.	If it becomes obvious to a supervisor that the known disability of the employee impairs that employee's ability to effectively communicate a need for an accommodation, the supervisor asks the employee if a reasonable accommodation is needed.		
DBH	Reasonable Accommodation Process		
3.	The ADA Coordinator or supervisor who received the request completes the "Employee Request for Reasonable Accommodations" (ADA Form 1) with the assistance of the requesting employee. If the employee made the request independently of the supervisor, the Coordinator will inform the supervisor that a request for accommodations has been made.  If the employee submitted a written request for accommodation, the written request must be		
	attached to ADA Form 1.		
4.	The ADA Coordinator or supervisor who received the request for accommodation submits ADA Form 1 to the DBH ADA Coordinator within five (5) calendar days of receiving the request. The ADA Coordinator must be notified if additional time is needed.  If the ADA Coordinator receives the request, the ADA Coordinator may also assist the employee with completing Forms 2 and 3.		
5.	The ADA Coordinator sends the requesting employee's treating medical professional(s) a copy of:  (a) ADA Form 2: Employee Authorization to Disclose Protected Health or Mental Health Information;  (b) ADA Form 3: EEO Medical Inquiry; and (c) An official position description for the requesting employee's position that identifies		

STEP	ACTION	DATE COMPLETED	COMPLETED BY
	those tasks that are essential functions of the position.		
6.	The ADA Coordinator receives a response from the medical professional(s) that provides documentation of the employee's disability and functional limitations.		
7.	ADA Coordinator determines if the employee satisfies the criteria of a qualified individual with a disability, based on medical documentation.		
8.	If the employee satisfies the criteria, ADA Coordinator will engage the qualified employee and supervisor in an interactive process to determine if the reasonable accommodation proposal based on the employee's position is achievable.		
8a.	The supervisor will identify each essential and marginal function that the requesting employee will be performing as part of the reasonable accommodation, and estimate the amount of time each of the functions will take.		
8b.	The supervisor, in consultation with the ADA Coordinator, and employee, determines whether reasonable accommodation(s) is satisfactory and/or meets the employee's accommodation needs or propose alternate recommendations of accommodations to the employee.		
8c.	The ADA Coordinator will then issue a memorandum to notify management that the requesting employee meets the criteria of a qualified individual with a disability along with a recommended accommodation plan.		
9.	Management has 30 calendar days from the date of the official notice from the ADA Coordinator declaring the employee as a qualified individual to render a decision to approve or deny the accommodation and notify the ADA Coordinator who will in turn notify the employee.		
10.	If reasonable accommodation(s) can be granted, the supervisor, in consultation with the ADA Coordinator and employee, immediately begin developing an implementation plan with expected timelines.		
11a.	If management determines that no reasonable accommodation is achievable because of undue hardship to DBH or risk of threat to the health and safety of the employee or others,		

STEP	ACTION	DATE COMPLETED	COMPLETED BY
	management: (1) documents the determination		
	and (2) notifies the ADA Coordinator,		
	employee, supervisor and EEO Manager in writing.		
11b.	The ADA Coordinator notifies the employee		
	and supervisor in writing that the Department		
	has determined there is no accommodation		
	available in their current position.		
12.	If the employee is currently receiving a		
	reasonable accommodation, but is requesting		
	additional accommodations, the supervisor		
	identifies the essential functions of the		
	employee's position and updates the medical		
	information in regards to any additional		
	limitations and share with the ADA		
	Coordinator.		
13.	If the employee is dissatisfied with the written		
	decision regarding a request for a reasonable	:	
	accommodation, the employee may file a		
	complaint in accordance with DBH Policy		
	760.1, "DBH Americans with Disabilities Act		
	and Human Rights Act Grievance Procedure for		
	Employees and Applicants" within ten (10)		
	business days.		

## Employee Request for Reasonable Accommodations Pursuant to the Americans with Disabilities Act Amendments Act, 2011 ADA Form 1

This form must be completed and submitted to the DBH ADA Coordinator within five (5) calendar days of the date the supervisor received a request for a reasonable accommodation.

(see Procedural Check off for Specific Steps)

1.	Name of Employee Requesting Reasonable Accommodation:							
2.	Contact Information of Employee:							
Work <sup>-</sup>	/ork Telephone: Home Telephone:							
Work A	Address:		·					
	Email:							
3.	Employee's Supervisor:							
4.	Supervisor of Record, if different than Current	t Supervisor:						
5.	Date of Employee's Request:		<del></del>					
6.	Was the Employee's Request Submitted in Writing? Yes, it is attached No							
7.	Impairment/Disability as Reported by Employee:							
8.	Functional Limitations Reported by Employee, if any:							
9.	Specific Accommodation(s) Requested by Em	nployee, if any:						
Signatu	re of Employee Requesting Accommodation	Date	Telephone Number					
	gnature of Supervisor or ADA Coordinator Date Telephone Number ubmitting Request.							

## EMPLOYEE AUTHORIZATION TO DISCLOSE PROTECTED HEALTH OR MENTAL HEALTH INFORMATION ADA Form 2

			-				
Pursuant	to		-	, a	reasonable uthorize the re	lease of specif	fic medical
medical ar	id/or p	sychia	tric condition	n(s) li	diagnosis and sted in section ehavioral Healtl	1 below, to my	
	l and	will on	ly be used	to de	lical and/or p termine my sta		
psychiatric professiona any relevaccommod	condit al iden vant lation(s	ions w tified i inform s). I h	rhich are lis n section 2 nation rel ave been a	ted in 2, as v ated idvised	ssion to discressection 1 below vell as for the to this related and understant mation that I defined	with my treating treview and phopenst for read that I may it	ng medical otocopy of easonable dentify any
1. Specif psychiatric					ited to the fo eleased:	llowing medic	al and/or
2. Informa	ation id	dentifi	ed in secti	on 1 n	nay be release	d by:	
Med	lical P	rofess	ional's Na	me:			
Add	ress:						
Tele	phone	Num	ber:				

Expiration: This authorization will expire on the day of
Right to Revoke: I understand that I may revoke this authorization at any time by giving written notice to the medical professional identified above. I understand that revocation of this authorization will not affect any action you took before you received my written notice of revocation. I understand that my right to revoke this authorization may impact DBH's ability to assess my request for reasonable accommodations.
<u>Disclosure and Re-disclosure of Protected Mental Health Information</u> . The unauthorized disclosure of mental health information violates the provisions of the District of Columbia Mental Health Information Act of 1978 (D.C. Official Code 1201 et seq.). Disclosures may only be made pursuant to a valid authorization by the client or as provided in Title III or IV of the Act. This Act provides for civil damages and criminal penalties for violations.
I understand that, by signing this form, I am authorizing the use and/or disclosure of the protected information identified above. I also understand that I must be provided a copy of this authorization form.
Employee or Employee's Personal Representative's Signature Date
(Attach documentation of authorization for Personal Representative, if applicable).

Revised February 2014

# ADA Medical Inquiry Americans with Disabilities Act (ADA) Form 3

				Date:			
				<u></u>	(Date sent b	y DBH)	-
Dear Dr							
the Americ treating me	ans with D edical profe , to signed by	isabilities <i>i</i> ssional. F assist in	n, has reque Act of 1990 Please provi processing	, an employed ested reasonable. The employed de the following the employed employee's pe	e accommo e identified g information s's request	odation(s) I you as h on no late . A relea	under nis/her r than se of
A. Questio	ns to help	determine	whether ar	employee has	a disabilit	y.	
<ul><li>2. Does the</li><li>3. What is t</li><li>4. is the imp</li><li>5. If not per</li><li>6. Does the</li></ul>	employee he impairmo pairment lor manent, ho impairmen	have a phy ent? ng-term or w long will t affect a m	rsical or men permanent? the impairm najor life acti	cal treatment?  tal impairment?  Yes no ent likely last? vity? yes activity (ies) is/a	yes no	no —	:
Major Life Activity	Negligible	Moderate	Substantial	Major Life Activity	Negligible	Moderate	Substantial
Caring for Self				Speaking			
Walking				Concentrating		1	
Hearing				Breathing			
Lifting			<u>"</u>	Thinking			
Interfacing with Others				Learning		*	
Standing				Reproduction			
Seeing				Working			
Sleeping				Toileting			
Performing				Sitting			

8. Does the impairment substantially limit the operation of a major bodily function? \_\_Yes \_\_No

Other (Specify)

9. If yes, what bodily function(s) is/are affected?

Manual Tasks Reaching

Immune()Hemic()Circulatory()Endocrine()Digestive()Lymphatic()
Bowel ( ) Brain ( ) Bladder ( ) Reproductive ( ) Neurological ( ) Respiratory ( )
Cardiovascular ( ) Genitourinary ( ) Musculoskeletal ( ) Special Sense ( ) Normal
Cell Growth ( ) Organs & Skin ( ) Other (Describe below
B. Questions to help determine what type of accommodation is needed because of the employee's disability. The employee's position description is attached which outlines the essential functions of the employee's job.
1. What are the employee's specific limitations? (e.g., how much he/she can lift, how far he/she can walk, etc.)
2. What job function(s) within the attached position description is the employee having/likely to have trouble performing because of the limitation(s)?
3. How does the employee's limitation(s) interfere with his or her ability to perform the essential job functions?
4. Do you have any specific recommendations regarding possible accommodations? If so, what are they?
5. How would each of your recommendations allow the employee to perform the essential functions of his/her job?
Medical Professional's Signature: Date:
(Specialty) Telephone No

Thank you for your assistance. If you need further assistance completing this form, have additional questions or need additional response time, please contact the DBH EEO Manager at (202) 671-4072. Please return this completed form to:

DBH ADA Coordinator Behavioral Health Authority Department of Behavioral Health 64 New York Ave., NE Washington, D.C. 20002

Attachments
ADA Form 2, Employee Authorization to Disclose Protected Health or Mental Health Information Employee's position description