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| **School Name:**  |
| **Date:**  |
| **CBO Clinician:**  | **SMHC:**  |
| **School Strengthening Tool Summary** |
| **School Counseling, Psychological, and Social Services Module Score** | **Social and Emotional Climate****Module Score** | **Employee Wellness and Health Promotion****Module Score** | **Family Engagement****Module Score** |
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| Open-Ended Q1What are the mental health needs of the students in your school? In what ways are these needs being met? Not being met?  |
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| Open-Ended Q2What would the school leadership need to see to confirm change or improvement in your school’s environment?  |
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| Open-Ended Q3What mental health topics would be useful to present to staff/teachers for an in-service (professional development) at school? |
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| Open-Ended Q4What kinds of resources or information would be most useful to families of youth attending your school?  |
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| **School Strengthening Work Plan** **Instructions for Completion** |
| The School Strengthening Work Plan should be developed **after** the team has completed the School Strengthening Tool (completion of the four, CDC online modules + the open-ended questions above). Teams should include data, goals, and action items from plans already in progress (MTSS, School Mental Health, etc). **Goals and action items should be developed across all tiers of intervention:** Tier 1: Mental health promotion and prevention for all students. Tier 2: Focused group and individual interventions for students at-risk of mental health challenges.Tier 3: Intensive support and interventions for individual students (via individual, group, or family treatment; crisis intervention).  |
| **SY18-19 Work Plan** ***(due within 30 days after the CBO Clinician begins)***  |
| **TIER 1** |
| **Tier 1 Goal: *Ex. All advisories/homerooms will facilitate a mental health circle discussion to define mental health and gain students’ perspectives of what the school is and is not doing to support student mental health.*** |
| **What already exists to support this?** | **CBO Clinician**  | **School Team**  | **Additional Resources Available?**  |
| ***Ex. This has never been done before, but advisories are meeting weekly.***  | ***Ex. CBO Clinician can provide suggestions of how to facilitate, based on similar activities from other schools.*** |  ***Ex. School principals will facilitate a similar discussion during a staff meeting prior to staff being asked to facilitate with students.*** ***Mental Health Team will support principals with crafting both the staff and student meeting agenda.***  | ***Ex. DBH Clinical Specialist will participate in the staff meeting, and be on-site while the student lessons are happening (in case students want to talk with someone in the moment).***  |
| **Tier 1 Goal: *Ex. We will develop and facilitate a supplemental health education lesson on the warning signs of depression and anxiety for all 2nd semester health classes.*** |
| **What already exists to support this?** | **CBO Clinician**  | **School Team**  | **Additional Resources Available?**  |
| ***Ex. Our CBO Clinician has done this before at another school.*** | ***Ex. Will create the lesson and will facilitate for 9th and 10th grade health classes.******Will create plan for students to follow-up with a provider post-lesson should they desire.*** | ***Ex. Principal will work with health instructor to select dates for the lessons.*** ***School Social Worker and School Psychologist will support CBO Clinician in lesson delivery to be sure all classes are covered.*** | ***Ex. OSSE Health Education Standards on mental health guide CBO Clinician in the lesson objectives.*** ***CBO will provide brochures about their clinic services, in case students want services outside of school.***  |
| **TIER 2**  |
| **Tier 2 Goal: *Ex. We will develop and facilitate short-term anxiety reduction groups on a quarterly basis.*** |
| **What already exists to support this?** | **CBO Clinician**  | **School Team**  | **Additional Resources Available?**  |
|  ***Ex. Students have identified this as a major concern (based on school climate survey data) and students been identified by the RTI team.*** ***Ex. Staff received presentation on warning signs of depression and anxiety this fall.*** | ***Ex. Will provide pre- and post-participation survey.*** | ***Ex. Will ensure teachers receive reminders on school’s mental health referral process.*** ***Principal will support mental health staff with reserving space for these groups.*** | ***Ex. Access to participant’s attendance, grades, and discipline data pre- and post-participation, to help inform impact of the group experience.*** |
| **Tier 2 Goal:** |
| **What already exists to support this?** | **CBO Clinician**  | **School Team**  | **Additional Resources Available?**  |
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| **Tier 3** |
| **Tier 3 Goal: *Ex. We will develop a school policy and protocols for responding to student mental health crises, to include a slide deck to be presented during summer staff training ahead of SY19-20.***  |
| **What already exists to support this?** | **CBO Clinician**  | **School Team**  | **Additional Resources Available?**  |
| ***Ex. Our school mental health staff already have solid practices for responding, and need school leadership buy-in to formalize.***  | ***Ex. CBO Clinician will provide mental health assessment templates for team to consider as we adopt protocols.***  | ***Ex. School leaders will dedicate meeting time once per month this semester to ensure planning stays on track.***  | ***Ex. OSSE published mental health guidelines that offer resources for developing a policy and protocols.***  |
| **Tier 3 Goal:** |
| **What already exists to support this?** | **CBO Clinician**  | **School Team**  | **Additional Resources Available?**  |
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