

School Behavioral Health Expansion Implementation

FY20 Strategic Plan Summary

GOAL OF THE SCHOOL BEHAVIORAL HEALTH EXPANSION:

To create a coordinated and responsive behavioral health system for all students through the strategic collaboration between school personnel, community mental health providers, students and families. This system provides timely access to high-quality, reliable supports for children and youth and their families.

FY20 OBJECTIVES:

AWARENESS ★ ACCESS ★ ALIGNMENT ★ ACCOUNTABILITY

- 1** Create and promote one District narrative of the implementation process and coordination of other major mental health + social and emotional learning initiatives via a strategic implementation plan.
- 2** Recommend process and quality improvement measures for FY20 program implementation to the Data/Evaluation Committee.

INTEGRATING MAJOR INVESTMENT INITIATIVES INTO THE EXPANSION

These locally funded initiatives are increasing access to school behavioral health services, and how families access systems and resources.



DC Community of Practice (DBH and CHHCS)

Will engage individuals in monthly learning sessions to build capacity and help solve persistent problems

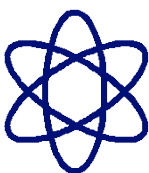
Additional learning sessions focused on specific topics will co-create and share knowledge to build a collaborative learning community



DC Project AWARE (OSSE)

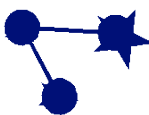
Will bring additional focus on student and family knowledge and awareness of mental health and systems and supports to help effectively build family and community voice

Support local education agencies with implementing training for administrators, teachers, and staff on mental health and trauma-responsive practices



Community Schools Incentive Initiative (OSSE)

Will support grantees with creating “community schools”, which are public and private partnerships that coordinate educational, developmental, family, health, and after-school care programs for students, families, and local communities and that are housed at the school



Connected Schools (DCPS)

Will become resource hubs in the community to meet the needs of students and families both in and out of the classroom.

A full-service school model that provides families access to health, housing, employment and other resources to promote family wellbeing. Aims to holistically support the family system, so that families in-turn, can best support students and their education.

Gaps to Be Addressed

- Support schools with assessing their tiered work plan and goals
- Broaden and sustain communication efforts that explain roles, responsibilities, and expectations
- Collaborate with communities of practice other District investments
- Elevate youth and family voice to strengthen partnerships
- Expand range of communication methods to youth and families, and methods for feedback from youth and families regarding awareness and accessibility of, and satisfaction with quality of services

Process and Quality Improvement Measures

- Develop and monitor individualized school work plan with clear objectives
- Create unified consultation approach (to include school-based mental health teams, DBH Clinical Specialists, Project AWARE Coordinator, and CoP TA Managers) to support implementation of best practices across all schools
- Report on organizational, process-oriented outcomes in specific areas: training, supervision, teaming, work plan implementation
- Utilize quantitative and qualitative assessments across four key domains (data-driven decision making, multi-tiered intervention strategy, meaningful family engagement/leadership, and well-integrated community partners)
- Demonstrate improvement in school teaming and collaborative processes

References + Definitions

School Behavioral Health Expansion

https://dbh.dc.gov/sites/default/files/dc/sites/dmh/page_content/attachments/PRIMARY%20GUIDE_SCHOOL%20BEHAVIORAL%20HEALTH_JUNE%202019.pdf

https://dbh.dc.gov/sites/default/files/dc/sites/dmh/page_content/attachments/5_Steps_To_Implementation_final%20%28004%29.pdf

<https://dbh.dc.gov/page/coordinating-council-school-mental-health>

DC Project AWARE

<https://dc.gov/release/mayor-bowser-announces-88m-project-aware-grant-support-behavioral-mental-health-dc-schools>

<https://www.samhsa.gov/grants/grant-announcements/sm-18-006>

DCCOP: DC Community of Practice that is funded by the School Behavioral Health Expansion and Project AWARE

Community Schools Incentive Initiative

<https://code.dccouncil.us/dc/council/code/sections/38-754.02.html>

<https://osse.dc.gov/service/community-schools-incentive-initiative>

https://osse.dc.gov/sites/default/files/dc/sites/osse/service_content/attachments/2019%20Community%20Schools%20Incentive%20Initiative%20Grantees%208.29.19.pdf

Connected Schools

In August, DC Public Schools launched 10 Connected Schools across the city, which will become resource hubs in their community to meet our students' needs inside and outside of the classroom. These schools will provide students and families with wraparound services, including: family wellness supports, housing, childcare, and financial assistance referrals. Connected Schools will also implement trauma-informed practices and will have a full-time Connected Schools Manager as part of the school leadership team.