MONTHLY COORDINATING COUNCIL MEETING
DC School Behavioral Health Community of Practice (CoP)
GW – Center for Health and Health Care in Schools (Prime) & CRP, Incorporated (Subcontractor)
Reporting Period: February 2020
March 16, 2020
Report Out

DC School Behavioral Health Community of Practice (CoP) Meetings Update

February 26, 2020
Families as Partners: Engaging Families in School Behavioral Health

![Registration Chart]

**UPCOMING MONTHLY MEETINGS SCHEDULE:**

<table>
<thead>
<tr>
<th>Month</th>
<th>Date/Time</th>
<th>Location</th>
<th>Focus</th>
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</thead>
<tbody>
<tr>
<td>March 2020</td>
<td>Wednesday, March 25, 2020 at 9:00am</td>
<td>Virtual Meeting*</td>
<td>Connections and Community – Foundations for Establishing Positive School Environments</td>
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<tr>
<td>April 2020</td>
<td>Wednesday, April 22, 2020 at 2:00pm</td>
<td>St. Francis Hall**</td>
<td>School-based Clinical Supervision</td>
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<tr>
<td>May 2020</td>
<td>Wednesday, May 20, 2020 at 9:00am</td>
<td>St. Francis Hall**</td>
<td>Crisis Intervention &amp; Response</td>
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<tr>
<td>June 2020</td>
<td>June, 2020 (TBD)</td>
<td>St. Francis Hall**</td>
<td>Sharing Our Learnings and Successes Planning Activities for Next Year</td>
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* In-person meeting changed to virtual meeting due to the current public health crisis.
** Location pending, we will continue to monitor the status of in-person vs. virtual meetings and provide updates as changes occur.

Learning Activities and Brief Highlights from Practice Groups (PGs)

**Trauma-Informed Schools**
- Call scheduled to review the activity packet on trauma developed by the National Center on Safe Supportive Learning Environments
- Plans to develop a toolbox resource on how to support schools with recognizing the impact of stress/trauma on learning

**School Climate & Social-Emotional Learning**
- Members did not meet during February DCCoP meeting. Facilitators used the time to plan for the DCCoP March meeting on the same topic.

**Family & Youth Engagement**
- Planning, creating and developing activities around family and youth engagement (i.e., creating a webinar; family advisory group; infographics; Parent Café Workshop; Book Club Activity)
- Sharing strategies to increase family and youth engagement (i.e., event to honor families; resource guide with mental health/social determinants, etc.)

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<tr>
<th>Practice Groups (PGs): Learning Activities &amp; Brief Highlights - Continued</th>
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### Crisis Intervention & Response
- Exploring efforts to increase mental health/wellness services for school staff to help build a positive school culture that supports students, families and staff
- Collect examples of current school crisis plans and share practices and ideas that are being implemented to accelerate development of CIR teams
- CoP Chat, a suggested platform for brainstorming and exploring ideas and supporting processes of implementation

### School-Based Clinical Supervision
- Discussed steps clinicians should take before entering a school environment (e.g., develop clear outline or agreement of partnership, obtain school resources and technology, etc.) and the integration steps into schools (e.g., introduce clinician formally to staff with a clear line of communication between all stakeholders for school mental health protocols, etc.)

### Progress Updates: Key Project Components / Operational Aspects

#### Communication Plan on Expansion and CoP
- Goals and objectives for a coordinated communication plan for the CoP have been developed and currently planned activities are being added to the template.

#### Website Development
- Website planning team continue to meet as systems are developed

#### Promoting/Disseminating Existing Trainings & Resources
- Developed and disseminated Family Engagement in Schools resource list at February DCCoP meeting
- DBH Training Institute's trainings led by the DBH Clinical Specialists
- MTSS Training
- CoP Chats focused on problems of practice and tools promoting collaboration
- Flyer for principals on the Expansion

#### TA Providers Practice Group (DBH Clinical Specialists, TA Managers, Project AWARE)
- TA providers are using the Teaming Quality Guide from the National Center of School Mental Health to advancing teaming best practices and providing input on an upcoming training on the topic of teaming.

#### Tracking & Monitoring of TA Trends
- TA providers share that schools experience high levels of stress the month of March due to student testing and pre-testing.
- TA providers share that schools have expressed disappointment with capacity issues of some CBOs

#### Collaboration with Partners and Aligning with Other City-Wide Initiatives
- Reviewed restorative justice work plans used by School Talk to identify opportunities for alignment

### Success Stories

#### Capacity-building and/or co-leadership opportunities to highlight
- CoP Chat – Engage CoP members in collaborative problem solving and encourage them to co-lead CoP chats
- Parent Café – Engage Family Engagement Practice Group members to plan the Parent Café workshop
- CoP Meetings – Engaging Practice Group Leaders to plan DCCoP meetings and Practice Group Sessions