



HOW TO ACCESS SCHOOL BEHAVIORAL HEALTH TREATMENT SERVICES

OVERVIEW

We understand that your child's well-being is your top priority. That's why the D.C. Department of Behavioral Health offers school behavioral health services in DC public and public charter schools that offers prevention, early intervention, and clinical services to students and their families.

BENEFITS

- **Expert Guidance:** Our team of licensed behavioral health professionals specializes in working with students, ensuring the right support for your child's unique needs.
- **Early Intervention:** Early support can prevent potential challenges from becoming overwhelming obstacles, setting your child on a path to success.
- **Confidential and Safe:** We provide a confidential and non-judgmental space where your child can freely express their feelings and concerns.

HOW WE HELP STUDENTS

- **Emotional Well-being:** We assist students in managing stress, anxiety, depression, and other emotional challenges.
- **Academic Success:** We offer tools to improve study habits, time management, and overall academic performance.
- **Crisis Support:** We provide immediate assistance in times of crisis or emergencies.

STEPS FOR SEEKING TREATMENT

- If the situation is a crisis, call the 988 Suicide & Crisis Lifeline which offers 24/7 access to trained crisis counselors. Follow-up by contacting the School Behavioral Health Provider and the School Leader.
- In a non-crisis situation, complete the School Behavioral Health referral form and give it to the School Behavioral Health Coordinator.
 - If you're unsure how to do this, ask your School's Behavioral Health Coordinator or the front office.
- The School Behavioral Health Team reviews the referral information, assigns a School Behavioral Health Provider, and that provider reaches out to schedule an appointment to begin the process for services.

Familiarize yourself with your school's specific protocol for referring students to school behavioral health services.

CONTACT US: