

# MONTHLY COORDINATING COUNCIL MEETING

## DC School Behavioral Health Community of Practice (CoP)

GW-Center for Health and Health Care in Schools (Prime) & CRP, Incorporated (Subcontractor)

Reporting Period: April 2020

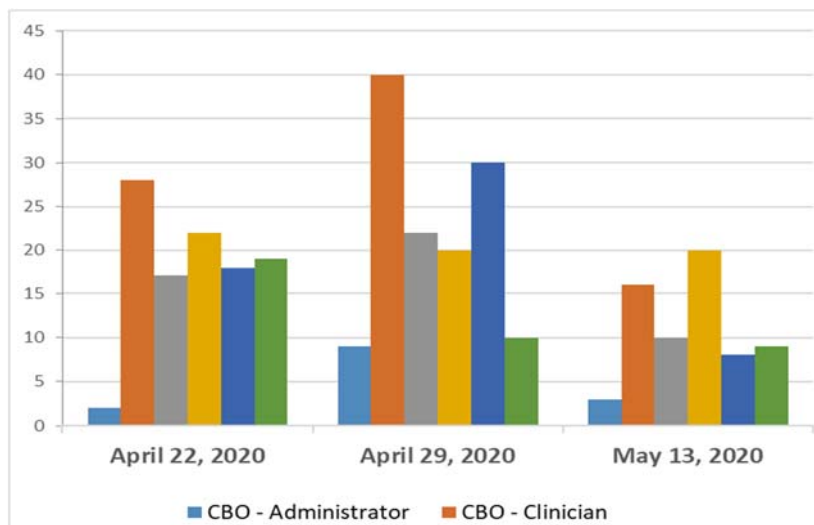
May 18, 2020

Report Out

### DC School Behavioral Health Community of Practice (CoP) Meetings Update

#### CoP Meeting Registration by Participant Type

April 22, 2020-May 13, 2020



|                     | April 22, 2020 | April 29, 2020 | May 13, 2020 | Grand Total |
|---------------------|----------------|----------------|--------------|-------------|
| CBO - Administrator | 2              | 9              | 3            | 14          |
| CBO - Clinician     | 28             | 40             | 16           | 84          |
| DBH                 | 17             | 22             | 10           | 49          |
| DCPCS               | 22             | 20             | 20           | 62          |
| DCPS                | 18             | 30             | 8            | 56          |
| Other               | 19             | 10             | 9            | 38          |
| <b>Grand Total</b>  | <b>106</b>     | <b>131</b>     | <b>66</b>    | <b>303</b>  |

#### UPCOMING MEETING SCHEDULE (VIRTUAL):

**May 20, 2020** | COVID-19 as a Grief Experience for Ourselves and our Students

### DC School Behavioral Health Community of Practice (CoP) Activities Update

#### Learning Activities and Brief Highlights from Practice Groups (PGs)

- Facilitators from two Practice Groups - Trauma-informed Practices in Schools and Crisis Intervention and Response - are partnering with the Wendt Center to create the learning agenda for the May 20, 2020, DC CoP meeting that will focus on Grief and Loss.
- The School Climate and Social-Emotional Learning Practice Group led the April 22 virtual meeting, which focused on "Social and Emotional Learning: Beyond the School Walls." PG members are currently collecting examples of Tier 1 practices during distance learning to develop a resource document.
- The Family and Youth Engagement PG created a Slack channel to share ideas and resources on engaging youth and families. PG leaders conducted a meeting about implicit bias and grounding assumptions and how they can be barriers to engaging families.
- The School-Based Clinical Supervision and Leadership team met to develop a process for ensuring two-way learning and feedback loops among the various supervisors supporting school-based clinicians regarding DC CoP expansion work. The co-leads then met with PG members on May 6th to discuss emerging research on social emotional intelligence and made connections that can be applied to reflective supervision.

## Progress Updates: Key Project Components / Operational Aspects

### Communication Plan on Expansion and CoP

- Developed and disseminated infographic for parents on preparing for telemental health, which was reviewed by the Family and Youth Engagement Subcommittee
- Developed and disseminated request for school success stories infographic
- Developed and disseminated Tele-Play FAQ, Wellness FAQ, and Zoom use tip sheet
- We are in the process of developing materials for families, including one about the CoP and one another about engaging with schools. We will be working with the Family and Youth Engagement Subcommittee to review them.

### Website Development

- System for adding resources developed
- Updated resources are posted on the website
- We are in the process of developing a restructured version of the site

### Promoting/Disseminating Existing Trainings & Resources

- Developed and disseminated SEL and School Climate Resource List

### TA Providers Practice Group (DBH Clinical Specialists, TA Managers, Project AWARE)

- Completed a final draft teaming tip sheet for schools and CBOs

### Collaboration with partners and aligning with other city-wide initiatives

- Continued partnership with SchoolTalk and Transcend. With regard to the latter, they helped us identify a principal who could help lead our discussion about the importance of wellness from an educator's perspective.
- Partnered with Mary's Center to develop content for the CoP Chats and Teacher Wellness Workgroup.
- Collaborated with the Wendt Center to develop a presentation on Grief and Loss for the next CoP meeting.

## Success Stories

### Brief examples of capacity-building and/or co-leadership opportunities to highlight

- The PG co-facilitators have become an active part of the core planning team and have built the habit of rotating leadership in developing the DC CoP meeting learning agenda.
- These leaders are gradually taking ownership for content and engagement activities:
  - **April** - The rescheduled DC CoP meeting was completely led by the Positive School Climate and Social Emotional Learning PG, with assistance from staff. The PG leaders developed the content and learning activities and used a school-based example to reinforce that the DC CoP learning can be applied with success at the school level to expand mental health and wellness in partnership with students and families.
  - **May** - Two PGs are partnering with the Wendt Center to address Grief and Loss.
- In the past four months, four of the five practice groups have presented the content for a DC CoP meeting, and, increasingly, members of the practice group are taking on additional leadership roles. For example, DC CoP members have volunteered to present on specific topics of interest as part of the registration and evaluation process, and CoP members are reporting they've applied new knowledge and/or learning strategies as a result of their CoP participation.
- A subgroup of five DC CoP members used meeting outputs and survey data to refine Our Shared Vision for the community, and they will co-present it to the CoP on May 20th.
- PG leaders are gathering emerging evidence of the capacity-building that is occurring within the CoP and PGs, and this information will be used in the coming months to help staff build their school-based teams, apply proven practices, and engage in learning activities with students and families to expand mental health and wellness within the school community.