

# COORDINATING COUNCIL ON SCHOOL MENTAL HEALTH

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Monday, November 19, 2018  
10:00 am – 12:00 pm

Department of Behavioral Health  
64 New York Avenue NE  
Room 284e

# School-Based Behavioral Health Goal

*To create a coordinated and responsive behavioral health system for all students in all public and public charter schools.*

# Agenda

- I. **Welcome & Introductions**
- II. **Review Agenda**
- III. **Communications Work Plan**
  - A. Branding
    - Visual
    - Framing
  - B. One-Pager
  - C. Healthymindsdc.com
  - D. Workflow-creating content and setting direction
- IV. **Updates**
  - A. Project AWARE
  - B. Community of Practice RFP
  - C. Evaluation RFP
  - D. School/Provider Matching
    - School/Provider match process
    - Provider Grant Allocation Options
- V. **Budget Discussion**
- VI. **Committee Updates**
  - A. School & Provider Readiness
  - B. Implementation Committee
  - C. Family & Youth

# Communications

## Branding – Visual

- Healthymindsdc.com: DC's Resource for Children's Behavioral Health
- Purpose – To create a home for information on and connection to children's behavioral health in the District

*Recommendation:* Align the Expansion with Healthymindsdc.com using the colors and visual cues (e.g., green hand)

- Healthymindsdc.com has a fresh, attractive, and pleasing appearance.
- Reduces confusion, duplication, and builds on DBH investment.
- Provides a foundation that the Expansion can build on as not yet a lot of content.

# Communications

## Framing

How do we talk about what we are doing?

How do we promote what we are doing?

# Communications - Framing

Comprehensive  
Plan to Expand  
School-Based  
Behavioral  
Health Services  
(District's Plan)

“hold agencies  
and  
participating  
stakeholders  
accountable for  
timely  
implementation  
of the expanded  
School-based  
Behavioral  
Health System”  
(Task Force  
Report)

Coordinating  
Council on  
School  
Mental  
Health

DBH's  
School  
Mental  
Health  
Program

OSSE  
Health &  
Well-  
Being

National  
School  
Mental  
Health  
Community

School  
Behavioral  
Health  
System  
(Provider RFA)

# Updates

- Project AWARE
- Community of Practice RFP
- Evaluation RFP

# School & Provider Matching

- DCPS – Update
- DC Public Charter Schools – Update



# Provider Grants

## Task Force Report Recommendation-Recap

### 1. Model:

- CBOs place clinical staff in schools to provide Tier 3 clinical treatment that is insurance billable, and
- Grant supports non-billable portion of clinician's time (20-50%) to support:
  - Effective treatment
  - School to identify needs and deliver Tier 1 and Tier 2 programming and services

### 2. Budget proposal:

- CBO clinician cost - \$90,000
- Budget estimated used 33 clinicians at 50% (\$45,000/each), with following caveats that allow the funding to support up to about 48 clinicians:
  - Some schools would use the clinician primarily for Tier 3 (needing about 20-30% subsidy)
  - Some schools would use the clinician for some Tier 3, but also to help school identify students needing Tier 3 and help develop Tier 1 and Tier 2 programming (needing up to 50% subsidy)
- Supervisors were funded at \$400,000 allowing CBOs to allocate a small portion of supervisor to their grant if necessary.

# Provider Grants – Options

## Enrollment-Based Variations

(Estimate only, based on self-reported enrollment between 135-831)

1. Enrollment Only (Original)
2. \$10,000 Base + Enrollment
3. \$15,000 Base + Enrollment

Grant Amount	Enrollment ONLY	\$10,000 base + Enrollment	\$15,000 + Enrollment
	\$12,000 - 77,000	\$20,000 - 65,000	\$22,000 – 60,000
< 20,000	5	0	0
20,000-30,000	17	19	15
30,000-40,000	13	19	23
40,000-50,000	5	5	7
50,000-60,000	4	4	7
60,000-70,000	3	5	0
70,000-80,000	4	0	0

# Provider Grants – Options

## School-Based Variations Factors

- **Small Schools** - Fewer students need Tier 3 (billable) services, but share certain baseline costs with larger school; possibly fewer school resources
- **Medium & Larger Schools** – More students need Tier 3 (billable), but larger student body means more resources needed to support Tier 1 and Tier 2; possibly more school resources
- **DCPS v. Public Charter Schools** – DCPS Central Office Resources may provide greater support than smaller charter LEAs

# Provider Grants – Options

## School-Based Variations

(assumes 47 schools)

**1. Equal Amount per School - \$39,604**

**2. By Size of Enrollment**

**Small - \$30,000/school x 8 = \$240,000**

- # Students - < 250
- About 8-10 schools

**Medium - \$40,000/school x 27 = \$1,080,000**

- # Students - 251 - 500
- About 27-30 schools

**Large - \$50,000/school x 12 = 600,000**

- # Students - > 501 - 1000
- About 13-14

**Total = \$1,920,000**

# Budget Framing

- **Goal:** To develop and sustain a coordinated and responsive multi-tiered behavioral health system in our schools.
  - Where does, can, or should the programming and service mix come from to achieve this goal?
  - Among the partners at this table, and beyond, what currently exists in our schools, and where are additional resources to meet the need?
- **Update Comprehensive Plan Investments across Core Agencies:**

## Section 2. Current (FY16) Behavioral Health Services in Schools and Child Development Centers

<b>AGENCY</b>	<b>APPROXIMATE SPENDING</b>
<i>DEPARTMENT OF BEHAVIORAL HEALTH</i>	\$ 8,140,000
<i>DC PUBLIC SCHOOLS</i>	\$ 26,775,000
<i>DC PUBLIC CHARTER SCHOOLS</i>	\$ 13,725,000
<i>DEPARTMENT OF HEALTH</i>	\$ 416,000
<i>TOTAL APPROXIMATE DISTRICT SPENDING</i>	\$ 49,056,000

- Identify additional funding, e.g., Project AWARE, social/emotional learning, anti-bullying, school climate, Fair Access to Schools, school grants, communities in schools, school partnerships

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# School & Provider Readiness

- School Provider Agreement Update
- Next Meeting

# Implementation Committee

- **School Strengthening Tool “pilot” update**
- **Next Work Session**

# Family & Youth Committee

- One-pager & website development
- Family Feedback in Evaluation Process
- Next Meeting



# Next Steps

## New Business:

- Coordinating Council Calendar
- Committee Assignments
  - Resource Mapping Long-Term
  - Workforce Development
  - Next year planning
    - Need determination
    - Other?