# GOVERNMENT OF THE DISTRICT OF COLUMBIA DEPARTMENT OF BEHAVIORAL HEALTH



Department of Behavioral Health Behavioral Health Planning Council (BHPC)
Regularly Scheduled Virtual Meeting
October 28, 2022, 10:00am-12:00pm

#### **MINUTES**

To assist in the reduced transmission of the novel Coronavirus COVID-19 and out of the abundance of caution for the safety and well-being of our members, The Behavioral Health Planning Council has continued with teleconference meetings, ensuring a Quorum was reached via WebEx.

Meeting called to order at 10:01 am

Welcome, Introductions and Roll Call: Senora Simpson

Approval of Agenda and Minutes: Senora Simpson

Correction to August 26, 2022, minutes, Jean Harris was in attendance.

BHPC Members: Alvin Hinkle, Charles Gervin, Cheryl Doby-Copeland, Esther Ford, Gail Avent, Jaclyn Verner, Jean

Harris, Luis Diaz, Mark LeVota, Nicole Gilbert, Rachael Shpak, Ramona Carmona, Senora Simpson, Jo

Patterson, Elizabeth Maldonado, [1/27/23 correction] Nadine Parker

**DBH:** Barbara Bazron, Lanada Williams, Trina Logan, Phyliss Jones, Philippa Stuart, Bernadette Boozer,

Anthony Hall, Julie Wiegandt, Jelani Murrain, Atiya Jackson, David Crockett, Richard Bebout, Denise

McCain, Jean Moise, Ramon Carmona, Marina Soto, Sharon Hunt, Maura Gaswirth

**DC Government**: Jennifer Joyce, Theresa Early

Public Attendees: Hilary Kacser

#### **Department of Behavioral Health Updates:**

- FY23 Budget New Priority Support Dr. Barbara Bazron provided a detailed overview of the FY23 budget. 377 million total budget, nearly 90% direct services. \$3.7 M to expand school-based services, add High Fidelity Wraparound services, and support workforce development. \$8.9 M to support behavioral health transformation services and increased utilization by Medicaid eligible residents. \$2.5M for the Sobering and Stabilization Center, slated to open early next year. \$1.0 M for facility maintenance at Saint Elizabeths Hospital. \$250,000 to prevent opioid abuse in the LGBTQ community. \$5.3 M to support existing programmatic operating costs, which includes \$3.1 M in Fixed costs and \$2.2 M for School Based Behavioral Health expansion. \$213,000 to support strategic communications and public engagement (Phyliss Jones will work with he BHPC).
- FY 2023 Budget Overview: developing a comprehensive integrated system of care behavioral health as well as physical health. FY'21 DBH Network served 35,837 mental health services, 4,985 SUD services, 3,179 combined mental health and SUD services. \$36.5M for mental health services which leverages \$121.7 M in services. \$28.4M to maintain supported housing for 1,700 residents. \$41 M for treatment and recovery substance use disorder services. \$10.9M for mental health services for uninsured residents. \$33.6M for school-based services. \$18.3M for crisis services. \$7.3N for prevention and early intervention services. \$104.4 M for Saint Elizabeths Hospital.

- School Based Behavioral Health: DBH is working to have a clinician assigned to every DC Public/DC Public charter school. Currently 59% of schools have a clinician. CBOs and DBH clinicians are covering other schools. Some schools need more than one clinician. \$1.7 M to add clinicians in 25 public school with high needs. \$829,000 to add Wraparound services to targeted public schools. \$281,000 to support workforce development. \$908,000 to strengthen technical assistance, data collection, and monitoring for quality services. Naloxone is available in schools due to concerns with Fentanyl presence. MOU signed with DCPS. Dr. Bazron met with LEAs at DCPS schools. Each charter school has its own LEA so separate agreements are needed.
- 1115 Waiver allows for billing for SUD services DC Block Grant and other ways to bill \$7.3 M providing treatment services in eight child development centers in addition to consultation. Whole person care behavioral health transformation along with 1115 Waiver in participating DHCF. Broaden the range of individuals receiving services a full spectrum focus on population health and prevention services. Improve access, coordination, and health outcomes. Advancing health equity, giving people what they want
- Dr. Bazron and Melissa Byrd will participate in a public forum today from 1-2pm to discuss the DHCF and DBH new structure for Behavioral Health integrated services. Another public forum is scheduled for 11/30/22.

Communications and Public Engagement Report: Phyliss Jones announced International Overdose Awareness Day was August 31, 2022. She thanked the various organizations that sponsored and DBH participated in 20 events via the Live Long DC partners. Ms. Jones also mentioned the "This Time It's Different" campaign, which will have new resources to stay in treatment and log-term recovery. The information will be made available in English and Spanish. And includes our Faith -based partners. Ms. Jones re-stated her commitment to work with the BHPC and mentioned the development of our brochure and ensuring the BHPC is made aware of upcoming events, e.g., Social Media Amplification, Suicide Prevention/Recovery Month. Ms. Jones provided a short video for the council to review entitled "Promoting Hope: Meet Miss Cassie. Ms. Cassie talked about her history of addiction and recovery. There will be various videos shown on social media promoting hope.

**988 Transition Report:** Lanada Williams Deputy Director of the ACCESS Helpline and the 988 Suicide prevention coordinator. Ms. Williams discussed the soft launch of 988 in July. She described discussions with the Office of Unified Communications educating people about 988 and its difference with 911. When 988 is called people are linked with a counselor according to their area code. 988 provides services with options in English, Spanish, and specifically for veterans. 911 is still available during this transition to 988. SAMSHA will provide pamphlets to share information on the use of 988. There will be a social media campaign as well.

Live Long DC – Sharon Hunt provided statistics on program funding and loss of life due to Fentanyl, and overdose reversals. Fentanyl test strips are being distributed, and over the past several weeks 200 school nurses have been trained on utilizing Naloxone. A men's SUD unit within DC Jail opened in August. Currently male and female SUD units are open. Webinars were conducted through the DBH Training Institute. A partnership is under way with the DC Housing Authority to get their staff trained on addressing overdoses. Preparation is underway to hire staff for a mobile van in which people can have access to treatment within their neighborhood. The ACCESS Helpline will be hiring two social workers to assist with referrals to SUD treatment. International Overdose Awareness Day was August 31, 2022.

#### **Old Business:**

- Block Grant Annual Report: Jelani Murrain reported DBH is beginning to produce documents in response to a SAMSHA quality assurance review of the substance use block grant, including client waitlist, and servicing target populations. Two providers PIW and Samaritan will have site visits during 12/5/22 12/9/22. The performance period under review stems from 7/1/2019 6/30/2020. The BHPC Planning and Accountability Committee needs to be involved with this process. The grants manager director is Renee Evans-Jackman, and Atiya Jackson will be Acting Director, Policy, Planning, and Evaluation Administration.
- BHPC Self-Assessment Survey: Senora Simpson reported orientation for new BHPC members should take place within 60 days of their appointment. SAMSHA should be involved in the orientation given their technical assistance and best practices monitors the council. When they were last here in May 2018, we received a full two-day orientation.
- Results of the Self-Assessment survey were discussed. Only seven people responded out of supposedly 25 members of the council to the Self-Assessment Survey. The results indicate that a few people need a refresher to

know exactly what the role is of the BHPC. We need to establish our policies and procedures, and our committees need to be better structured to function efficiently. It was felt we have mutual respect and cooperation.

#### **New Business:**

- Jean Harris, NAMI president, Gail Avent, TFCC and Charles Gervin, Peer Specialist were appointed by Dr. Simpson to form a nominating committee, compile a slate of potential candidates for the position of BHPC Chair and BHPC Vice-Chair. The nominating committee will present the slate of candidates to the Chairperson for approval and to be sent out for voting.
- **Motion:** Moved that the regularly scheduled BHPC December meeting be postpone the to January 2023 due to the holidays. Discussion Chairperson Simpson will attend/preside, and it will be her last meeting. Motion carried.
- Standing Committee Reports:
  - o **System and Benefits Design Committee**: Mark LeVota reported the committee has not met since their previous meeting and is planning to meet in November.
  - O Advocacy and Outreach Committee: Cheryl Doby-Copeland reported the committee met on September 16<sup>th</sup> and as mentioned by Phyliss Jones will be working on updating the BHPC brochure. A request for input on the brochure redesign was sent out to the BHPC on September 20<sup>th</sup>, and only six people responded, therefor it is requested that the BHPC Executive committee provide input into the brochure design during their next meeting.
  - O Connection to Care Committee: Esther Ford indicated her committee met during September and are planning a luncheon/brunch on the 11<sup>th</sup>, where they will continue discussion on 35K St and challenges faced in the community.
  - o **Planning and Accountability Committee:** Jean Harris reported her committee met to prepare information for the Block grant and are waiting for more information.
  - o **Ad hoc Bylaws Revisions Committee.** Senora Simpson indicated the committee needs new leadership to complete the review and include changes to reflect virtual meetings.

**Announcements:** Today is Jelani Murrain, Director, Policy, Planning, and Evaluation Administration last day with DBH. Dr. Senora Simpson's last month as chairperson of the BHPC will be December 2022.

**Public Comments**: Elizabeth Maldonado inquired about training for staffed counselors as Spanish language translators and suggested a presentation to the full BHPC.

Hilary Kacser mentioned problems experienced by people living with hoarding disorder and a request that DBH weigh in with the Department on Aging, adult protective services and others to address this condition. Suggestion of trauma informed training on this condition.

The meeting adjourned at 11:52 am.

# Behavioral Health Planning Council Meeting



October 28, 2022



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# **Agenda**

10:00 AM	Call to Order, Welcome, Introductions & Roll	Senora Simpson
10:05 - 10:10	Approvals of Agenda & Minutes	Senora Simpson
10:10 - 10:40	Department of Behavioral Health Updates FY23 Budget	Barbara Bazron
10:40 - 10:50	Communications & Public Engagement Report	Justin Jones, Anthony Hall
10:50 - 10:55	988 Transition Report	Lanada Williams, Bernadette Boozer, Richard Bebout
10:55 - 11:05	Live.Long.DC. & SOR 3 Grant Report	Sharon Hunt, Julie Wiegandt
	Old Business	
11:05 - 11:15	Block Grant Annual Report	Jelani Murrain, Melody Calkins
	BHPC Orientation	Senora Simpson
	New Business	
11:15 - 11:45	Standing Committee Reports System & Benefit Design Advocacy & Outreach Connection to Care (35 KAd Hoc) Planning & Accountability Bylaws Revisions (Ad hoc)	Mark LeVota Cheryl Doby-Copeland Esther Ford Jean Harris Senora Simpson
11:45 - 11:55	Announcements & Public Comments (Please limit comments to 3 Minutes)	Senora Simpson
11:55 - 12:00	Members Roll	Senora Simpson
12:00 PM	Adjournment	Senora Simpson

# DEPARTMENT OF BEHAVIORAL HEALTH UPDATES

FY23 Budget



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# Fiscal Year 2023 Budget Overview Behavioral Health Planning Council

Presented by Dr. Barbara J. Bazron, Director DBH October 28, 2022



# Guiding Principles for the District's Behavioral Healthcare System





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# Vision and Mission for Behavioral Health Transformation The District of Columbia is a thriving community where prevention and recovery from substance use disorders and mental health conditions is possible and services and supports optimized a resident's potential ability to function effectively within family and community. Whole Person Care

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## **Principles Guiding the Transformation**

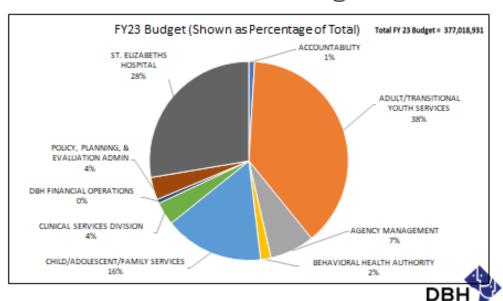
- · Integrated, whole person care for individuals with behavioral health needs.
- Improved access, coordination, and health outcomes.
- Enhanced stability for behavioral health providers.
- Strong accountability and oversight to ensure high quality behavioral health services in managed care.
- Maximum use of data and technology to support integrated care and address social determinants of health to advance health equity.

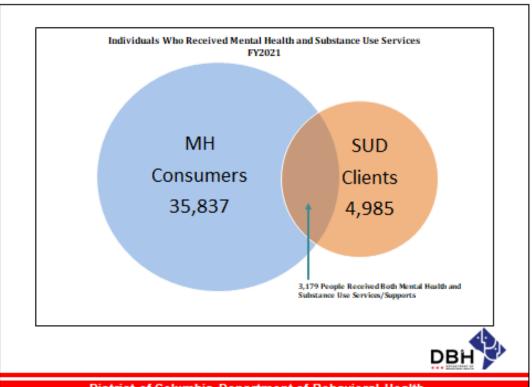


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# DBH FY23 Budget





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# **Advancing Health Equity**

#### Increasing engagement and access...

- Peer Support
- Community Response Teams
- School Based Behavioral Health

#### Providing low barrier services...

- Sobering and Stabilization Center
- Access Helplane

# Addressing the social determinants of health...

- Supported Employment
- · Supported Housing

#### Providing the right services from the right provider at the right time...

- 911 Initiative
- · Crisis Response



# FY 23 Budget Overview

- \$36.5M for mental health services which leverages \$121.7M in services
- \$28.4M to maintain supported housing for 1,700 residents
- \$41M for treatment and recovery substance use disorder services
- · \$10.9M for mental health services for uninsured residents
- \$33.6M for school-based services
- · 18.3M for crisis services
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- · \$104.4M for Saint Elizabeths Hospital





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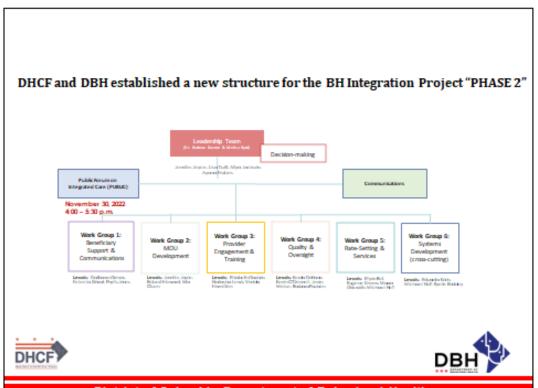
# FY23 New Priority Support

- \$3.7 M to expand school-based services, add High Fidelity Wraparound services, and support workforce development
- \$8.9 M to support behavioral health transformation services and increased utilization by Medicaid eligible residents
- \$2.5 M for the Sobering and Stabilization Center
- · \$1.0 M for facility maintenance at Saint Elizabeths Hospital
- · \$250,000 to prevent opioid abuse in the LGBTQ community
- \$5.3M to support existing programmatic operating costs which includes \$3.1 M in Fixed costs and \$2.2 M for SBBH Expansion
- · \$213,000 to support strategic communications and public engagement

New school-based Services Investments

- \$1.7M to add clinicians in 25 public schools with high needs
- \$829,000 to add Wraparound services in targeted public schools
- \$281,000 to support workforce development
- \$908,000 to strengthen technical assistance, data collection, and monitoring for quality services





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Questions?

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# COMMUNICATIONS & PUBLIC ENGAGEMENT REPORT



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# **International Overdose Awareness Day**

- Mayor Bowser recognizes International Overdose Awareness (IOA) on August 31 with a <u>press release</u> and social media promoting access to treatment, harm reduction, and combating stigma.
- Mayor Bowser and DBH launch new public education campaign, "This Time, It's Different" aimed at people who have stopped treatment to highlight comprehensive treatment and recovery supports to sustain long-term recovery. Research shows, treatment takes several attempts before achieving full and longterm recovery.
- 20 Events held throughout the District in recognition of IOA Day and in celebration of lives lost.





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# **Overdose Awareness Day Faith Partners**









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# This Time It's Different

Social Media and Marketing - in English and Spanish







# **Public Engagement: Community Events**



DBH at 15th Annual Mayor's Disability Awareness Expo



Community Opioid Prevention Health Fair



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# **DBH In The News**

- Dr. Bazron Featured in Peter Jamison, Washington Post Interview
- Dr. Bazron interviewed live by Ambrose Lane, Jr., host of "To The East", 89.3 FM. Kicked off the shows two-part series on the Opioid Crisis, East of the River
- EZ Street, Radio Host on 96.3
   FM/WHUR, interviewed Dr. Bazron
   about the importance of naloxone being
   widely available, how to properly use it,
   how to "Be Ready" to save a life



Sneak Preview: Interview to be featured on 96.3 FM, social media, and Podcast





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# **Meet Miss Cassie**

Miss Cassie is a wife and grandmother. Her story of addiction winds through some dark places, but that's not her life today. "I did it. I shot dope, smoked dope, and everything else...

You don't have to die like this. You can live." Meet Miss Cassie: http://bit.ly/3Sh7Ovg.





# 988 TRANSITION REPORT



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# DEPARTMENT OF BEHAVIORAL HEALTH Adult Services Administration

Lanada Williams, MA, NCC, LPC, LCPC Deputy Director Access Helpline 988 Suicide Prevention Coordinator



#### Laying the Groundwork for Change

#### Background Drivers, Federal Perspective

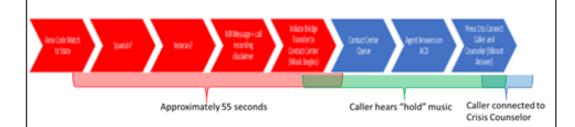
Federal legislation mandating the rollout of the 9-8-8 mental health and suicide crisis number by July 2022.

- The National Suicide Hotline Improvement Act, (8/2018) directed the U.S. Federal Communications Commission (FCC) in conjunction with other agencies to study these issues.
- August 2019 FCC Commission report to Congress recommending 9-8-8.
- December 2019 FCC initiates rulemaking to designate 9-8-8.
- July 2020 FCC Finalizes Rule and Order designating 9-8-8 with a July 2022 deadline for telecom providers to make operational.

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## Vibrant Health's Technology and Process



#### 988 is not exactly like 911

988 calls are routed first through Vibrant Health's system and not directly to a person

#### People who call 988 are given three options:

- · Press 1 to connect with the Veterans Crisis Line
- · Press 2 to connect with the Spanish Subnetwork
- Remain on the line and be connected to a local crisis center; if local crisis center is unable to answer, the caller is routed to a national backup center



## Vision of Somewhere to Go/Community Supports

- Answer rate is 90%
- · 988 Coalition meeting have resumed
- Continue to develop Crisis Receiving and Stabilization Services across the District
- · Bed Registry/Availability for Referrals
- Same day or next day assessment, outpatient, medication management
- Mental Health and Substance Use crisis respite for youth and adults





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Launched July 16, 2022





# Thank you!



Lanada Williams, MA, NCC, LPC, LCPC
Deputy Director Access Helpline
988 Suicide Prevention Coordinator
Department of Behavioral Health
64 New York Ave, NE
Washington DC, 20002
202-673-2185: Office



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# LIVE.LONG.DC. & SOR 3 GRANT REPORT



94% of the District's overdose deaths in 2020, 95% in 2021, and 96% in 2022 (first 7 months) involved fentanyl or a fentanyl analog.

The individuals who have a fatal overdose in the District are predominately:

African American (84%)
 Male (74% in 2022)
 Between 40 and 69 years old (72%)

#### Current Status of the Overdose Epidemic

82% of fatal overdoses in 2021 occurred in residences - (homes, shelters, long-term care, etc.); 72% of fatal overdoses occurred in the decedent's own residence. Through January-July 2022, these numbers were 72% and 68% respectively. After increasing 46% between 2019 and 2020, overdose deaths increased 3.9% in 2021 (from 411 to 427). Compared to the first 7 months of 2021, fatalities have decreased 2.4%. Compared to the first 9 months of 2021, non-fatal overdoses have decreased 2.3%.



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#### SOR 3

- Received \$24,139,141.
- Released 3 RFAs: Expanded Access to Treatment, Syringe Services Programs (SSPs), and Recovery Housing.
- Awarding 3 SSPs and 6 Expanded Access to Treatment grants in Early November.
- · Re-releasing Recovery Housing RFA.
- Releasing RFAs for Youth Peers and Opioid Treatment Program Activities in November/December.



#### **Harm Reduction**

# A Sample of Accomplishments in FY 22

- Distributed 65,124 units of naloxone! A 14.6% increase from FY21.
  - o 375 Text to Live deliveries completed
  - o 1,733 kits mailed
  - o Over 2,200 units distributed in pharmacies
  - o 1,270 kits distributed by the FEMS leave-behind program
  - o 403 units distributed to returning citizens leaving DC Jail
  - o Over 250 units distributed in 5 EDs
- Recorded 2,612 successful overdose reversals.
- Trained 2,897 individuals to use naloxone.
- 50 new CBO partners onboarded
- Distributed 14,229 fentanyl test strips.



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#### Target Overdose Hotspots with Coordinated Outreach

- Conducting an in-person meeting in Ward 8 in December/January to discuss better coordination among community-based organizations.
- Hiring a full-time staff person to facilitate ward-level activities.
- Revising communications plan for disseminating real-time information to outreach teams and impacted neighborhoods during overdose clusters.
- Distributing DC Health non-fatal data reports that use overdose data from FEMS to get a democratic profile of those impacted to better identify specific areas to target for interventions and outreach.
- Building a partnership with DC Housing Authority to get their staff trained on naloxone administration and getting needed resources into the community.

#### Expanding/Enhancing Treatment

- The men's SUD unit at the jail opened in August.
- Conducted five webinars through the DBH Training Institute to teach providers wellness techniques to enhance treatment (e.g., breathing, stretching).
- Hiring a consultant to provide training and technical assistance focused on opioid use disorder, related resources to long-term care facilities/skilled nursing facilities. This will enhance the accredited online course that was funded to cover this topic.
- Refining BUP-DAP program, medication for opioid use disorder (MOUD) for the uninsured, now running out of 35 K Street.
- Hiring staff for mobile van, which is out in the community five days a week and on selected weekends in neighborhoods most impacted.
- Providing Access Helpline (AHL) for funding for two social workers. Consultant trained AHL staff in September on substance use disorder.
- Working with FEMS to stand up their program that will have community outreach specialists and paramedics intervene with individuals refusing transport following an overdose.

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## International Overdose Awareness Day (IOAD)

On August 31, 2022, the State Opioid Response (SOR) Team and other Department of Behavioral Health (DBH) staff, grantees and partners commemorated IOAD with over 20 events across all 8 wards.





#### Collaboration with Federal Partners

- Participated on an ONDCP webinar on October 17 to highlight the District's low-barrier access to medication for opioid use disorder (MOUD). Presenters were Dr. Bazron and representatives from Family Medical and Counseling Services and Unity Health Care.
- Collaborated with SAMHSA Region 3 in August on an onsite visit to the jail and a meeting to discuss expanding access to MOUD in criminal justice settings.
- Worked with ONDCP to arrange a meeting for a delegation from Mexico to learn about treatment programs in the District. RAP hosted the event and Mary Center and Latin American Youth Center also participated.



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# OLD BUSINESS

Block Grant Annual Report BHPC Orientation





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#### DEPARTMENT OF BEHAVIORAL HEALTH

# **SAMHSA Quality Assurance Review Update**

Jelani Murrain Director Policy, Planning, and Evaluation Administration



# **SAMHSA Quality Assurance Review**

#### Overview

SAMHSA is conducting a quality assurance review of DBH SUD treatment providers funded under the Substance Abuse Prevention & Treatment Block Grant (SABG) to better understand the scope and depth of D.C.'s statewide delivery system for SUD treatment.

- Scope: Provision of treatment services (i.e., client wait lists, HIPAA, servicing target populations, treatment data monitoring reporting)
- Entity Selection: DBH (Single State Authority), Psychiatric Institute of Washington (PIW), Samaritan Inns, Assessment and Referral Center (ARC)
- Performance Period under Review: 07/01/2019-06/30/2020

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## SAMHSA Quality Assurance Review cont.

#### Timeline

- Part 1 Desk Audit
  - Required documents sent to SAMHSA on 10/28/22
- · Part 2 SAMHSA On-site Visit
  - SAMHSA will conduct site-visits with PIW, Samaritan Inns, and ARC from 12/5/22 - 12/9/22
- · Part 3 Final Report
  - A final report of review findings will be complete within three months after the on-site visit

# **BHPC MEMBER ORIENTATION**



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# **NEW BUSINESS**

Standing Committee Reports

- System & Benefit Design
- · Advocacy & Outreach
- Connection to Care
- Planning & Accountability
- Bylaws Revisions (Ad Hoc)



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#### **Agenda** 10:00 AM Call to Order, Welcome, Introductions & Roll Senora Simpson 10:05 - 10:10 Approvals of Agenda & Minutes Senora Simpson Department of Behavioral Health Updates Barbara Bazron 10:10 - 10:40 FY23 Budget Communications & Public Engagement Report 10:40 - 10:50 Justin Jones, Anthony Hall 10:50 - 10:55 988 Transition Report Lanada Williams, Bernadette Boozer, Richard Bebout Live.Long.DC. & SOR 3 Grant Report 10:55 - 11:05 Sharon Hunt, Julie Wiegandt Old Business 11:05 - 11:15 Block Grant Annual Report Jelani Murrain, Melody Calkins **BHPC Orientation** Senora Simpson 11:15 - 11:45 Standing Committee Reports System & Benefit Design Mark LeVota System & Benefit Design Advocacy & Outreach Connection to Care (35 KAd Hoc) Planning & Accountability Bylaws Revisions (Ad hoc) Cheryl Doby-Copeland Esther Ford Jean Harris Senora Simpson Announcements & Public Comments 11:45 - 11:55 Senora Simpson (Please limit comments to 3 Minutes)



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Senora Simpson

Senora Simpson

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11:55 - 12:00

12:00 PM

Members Roll

Adjournment