



DC Department of Human Resources  
Center for Learning and Development  
*presents*

2015 HEALTH & WELLNESS SERIES

# LINE DANCING CLASSES

WEDNESDAYS EACH MONTH  
(except holidays)  
January – December 2015



5:30pm – 6:30pm

441 4<sup>th</sup> Street NW  
1C Break Room  
(located on the Basement Level)

No registration required—first 40 employees will be admitted--must sign in and complete a Release Form

For Info: Contact DCHR Workforce Development Administration at

202.442.9624

Open to all DC Government employees  
Space is limited

Line Dancing is a great form of exercise in which dancers line up in rows without partners and follow a choreographed pattern of steps to music.

It's great for all ages and all fitness levels and it's a whole lot of fun!



LIVE  
LOVE  
LINE DANCE

